Spencer Monson

KSP 330

Journal Entry 1

I met my cooperating teacher before we started the experience. My partner and I set up a time and went in and met with Ms. Palmer for about a half an hour.

The information she gave us was about the class we learned we would be working with three different freshman physical education classes. She also told us about how she ran the classes such as starting each day with a warm up so kids did not come in and sit down right away. Then she told us about how we could help with a class and that the 18th of November would be a good day for us to teach. She also told us that our first subject would be Lacrosse.

The only materials she gave us was a sheet with a study guide for Lacrosse and a tentative schedule for the time we were going to be there. There isn’t any kind of textbook for her physical education class to use.

The contact information she gave us was her e-mail that we already had. That is the best way to get a hold of her if we needed to.